

New Volunteer Opportunity: Mitzvah Meals for Medical Visitors

Help support Jewish individuals and families temporarily staying in Seattle for medical care. Volunteer to prepare and deliver home-cooked meals to provide much needed comfort and connection during a challenging time.

How You Can Help

Interested in becoming a volunteer for this new JFS program? Please contact mitzvahmeals@jfsseattle.org to learn more or to start the screening process and join the volunteer email list.

Once screened, you will be able to sign up for meal preparation and delivery shifts, bringing warmth and care to those who need it.

Thank you for helping create a supportive community for medical visitors!

Mitzvah Meals for Medical Visitors was originally created in 1999 by community member Margot Kravette, inspired by her family member's experience receiving medical care out of state, to offer a vital safety net for our extended Jewish community.

